



Master Plan for Aging

Building a California for ALL Ages & Abilities

California's over-60 population is more diverse and growing faster than any other age group. By 2030, 10.3 million Californians aged 60 and over will make up 25% of the state's population. This demographic shift calls for California partners to plan and implement innovative solutions to equitably finance, deliver, and organize services to meet the needs of older adults, people with disabilities, and caregivers in culturally responsive ways.

Through [Executive Order N-14-19](#), Governor Newsom called for a comprehensive plan to address and prepare for the state's aging population. [California's Master Plan for Aging \(MPA\)](#) is a 10-year blueprint for state and local governments, the private sector, and philanthropy that prioritizes preparing the state for the demographic changes and continuing California's leadership in aging, disability, and equity.

"This Master Plan for Aging advances bold, innovative, uniquely Californian solutions for issues that we will all confront within our own families and communities, if we have not already—and does so with a sustained focus on equity that we need to lift up everyone."

*Governor Gavin Newsom
Announcing the signing of Executive Order N-14-19*

Since its launch in January 2021, the Newsom Administration and the Legislature have committed billions of dollars in unprecedented investments to advance the MPA, including strengthening existing programs and launching new services.



A Comprehensive Approach Driven by Five Bold Goals

The MPA provides a comprehensive framework to plan for the aging of our society by addressing the needs of the whole person.



Goal 1: Housing for All Ages and Stages

We will live where we choose as we age in communities that are age-, disability-, and dementia-friendly and climate- and disaster-ready.



Goal 2: Health Reimagined

We will have access to the services we need to live at home in our communities and to optimize our health and quality of life.



Goal 3: Inclusion and Equity, Not Isolation

We will have lifelong opportunities for work, volunteering, engagement, and leadership and will be protected from isolation, discrimination, abuse, neglect, and exploitation.



Goal 4: Caregiving that Works

We will be prepared for and supported through the rewards and challenges of caring for aging loved ones.



Goal 5: Affording Aging

We will have economic security for as long as we live.

Leading with Equity

Equity is the centerpiece of the MPA. California is committed to ensuring all Californians have access to opportunities and services to live how and where they choose — inclusive of age, disability, race, ethnicity, language, immigration status, gender identification, sexual orientation, and other demographic characteristics. Equity principles and practices are embedded within the MPA to address inequities and combat racism and biases in our systems of care.



Focusing on the Person

The MPA is grounded in person-centered system change. The strength of the MPA comes from people directly impacted by the work, and from community members who are working with and on behalf of older adults, people with disabilities, and caregivers. California is advancing the MPA's Five Bold Goals by addressing the highest priority issues facing Californians today.



Engaging Stakeholders and the Community

Elevating the voices of diverse community partners. California actively seeks input from community partners and the public to inform the MPA development and implementation. [Six standing advisory committees](#) address issues related to home and community living, elder and disability justice, equity, Alzheimer's and dementia, research, and MPA oversight. Guided by the [MPA Local Playbook](#), partners across California are taking action to develop community-driven local age- and disability-friendly action plans. The [Local Aging & Disability Action Planning \(LADAP\) grant program](#) goals align the MPA and California's commitment to diversity, equity, inclusion, and accessibility.

Advancing Home and Community Care Choices

Building communities where all people have equitable opportunities to age and thrive how and where they choose. The MPA aims to achieve system reform through a coordinated and multipronged approach that addresses access to services and supports, streamlined navigation tools, a well-supported workforce, and financing and affordability.

Embracing a Whole-of-Government Framework

Aging impacts and unites us all. The MPA is both a whole-of-government effort, as evidenced by the leadership provided through the Governor's MPA Cabinet Workgroup, and a whole-of-community dialogue encouraging the engagement of local, state, and private partners to make systems change.

Accountability

The MPA is a blueprint for action. The MPA is dynamic, flexible, and focused on outcomes and accountability for an age- and disability-friendly state. Through data and tools, including the [MPA Data Dashboard](#) for Aging and the [MPA Implementation Tracker](#), California is committed to driving progress through data-informed decision-making and charting a path forward toward 2030.



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To learn more about the MPA, including its progress and impact, visit the [MPA webpage](#).

EngAGE@aging.ca.gov